

January 10, 2024 | [VIEW IN BROWSER](#)



STORY

A Picture is Worth A Thousand Words: Migration viewed from the perspective of filmmakers at the Global Migration Film Festival in Poland

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STORY

Cultural Integration through Christmas Joy: IOM Poland Brings Together Polish and Ukrainian Communities

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Breaking Barriers Through Language Classes: A Step Closer Towards Social Inclusion in Poland

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STORY

Painting through Darkness: Oleksii's Inspirational Triumph

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PUBLICATIONS

2023

Psychosocial situation, mental well-being and the perceived impact of participating in community-based MHPSS activities: a survey among Ukrainian refugees residing in shelters in Warsaw



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PUBLICATION

Psychosocial situation, mental well-being and the perceived impact of participating in community-based MHPSS activities: A survey among Ukrainian refugees residing in shelters in Warsaw

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DISPLACEMENT TRACKING MATRIX (DTM) PUBLICATIONS

- [Poland — Integration Snapshot \(December 2023\)](#)
- [Poland — Integration Snapshot: Wroclaw Regional Overview \(October 2023\)](#). Also available in [Polish](#).
- [Crossing Back Surveys with Ukrainian Nationals \(July - September 2023\)](#)

VIDEOS



Since the beginning of the war in Ukraine, IOM has been supporting children with disabilities through individual direct assistance, organizing summer camps, integration workshops and facilitating access to education opportunities. We take great pride in our cooperation with the Extraordinary School in Józefów, and the incredible work they are doing to support Ukrainian children with disabilities. With the help of IOM, the Extraordinary School has brought smiles to the faces of almost 40 children.



Prioritizing self-care can be a real challenge for single mothers in a foreign country, where the demands of parenting and adapting to a new culture can leave little room for relaxation and self-indulgence. For Ukrainian women facing this challenge, IOM psychologists organized a visit to the Frida Kahlo exhibition in Łazienki Park in Warsaw, followed by art workshops. In this nurturing environment, the women found an opportunity for healing, growth, and self-discovery. Frida Kahlo's artistry and the therapeutic power of self-expression transformed their day into a journey of self-care and self-love.



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